

APARNA AJITH

Aparnaajith2620@gmail.com

EDUCATION

- Masters of science: Counselling psychology (2022-2024)- Kristu jayanti college, banglore
- Bachelor of Science: Psychology(2019-2022)- Sahrdaya College of Advanced Studies, thrissur kerala

EXPERIENCE

- School counsellor - Hyderabad institute of excellence, madgul chittempalle, vikarabad, Telangana
- Field work- Manna centre for special need, Bangalore
- Internship- Govt Mental Health centre, Thrissur
- Field work- Meadows of hope- Counselling centre, Bangalore

CERTIFICATION

- Cognitive Behavior Therapy

Institute for Counseling Transactional Analysis (ICTA),

- Counseling Skills & Learning Disability

Santhwana Institute of Counseling and Psychotherapy, Ernakulam, Kerala, India

- NPTEL online course

Great experiments in psychology

- SWAYAM- Indian council for medical research

Scientific writing in health research

- ICTRC- Managing Sexual Behavior of School Children – Role of Biology Teachers and Counsellors

RESEARCH

- Published and Paper presented in national conference(INSPA)- Academic procrastination, academic performance and perceived stress among young adults- PG DISSERTATION
- life satisfaction and academic achievement among young adults- PG RESEARCH
- Procrastination and locus of control among professional and non professional students done in undergraduation- UG RESEARCH