

**CHRISTY MARIA THOMSON**

[christymariathomson15@gmail.com](mailto:christymariathomson15@gmail.com)

<b>DEGREE</b>	<b>SPECIALISATION</b>	<b>UNIVERSITY</b>	<b>YEAR OF COMPLETION</b>
M.Sc	Clinical Psychology	Prajyoti Niketan College, Pudukkad University Of Calicut	2025
B.Sc	Psychology	Kuriakose Elias College, Mannanam Mahatma Gandhi University	2023

**INTERNSHIPS**

- ✓ Psychology Trainee – Maxmind Rehabilitation Center, Kannur
- ✓ Psychology Trainee – Cardinal Psychiatric Hospital, Cheenkallel, Kottayam
- ✓ Psychology Trainee – Karunasai De-Addiction And Mental Health Research Center

**VOLUNTEERING**

- ✓ Volunteer, Coordination Team, AWAKE 2022 – State Level Cultural Fest For Differently Abled Individuals
- ✓ Volunteer, MANAS 2024 PSYCHOLOGICAL EXHIBITION – organized by Jubilee Mission Medical College & Research Institute

**WORKSHOP & SEMINAR CONDUCTED**

- ✓ Conducted skill development workshop for primary school students of Government Vocational Higher Secondary School, Pudukkad
- ✓ Conducted seminar on mental health and hygiene for students of Nirmala Public School, Pizhaku

**PAPER PRESENTATIONS**

- ✓ Presented a paper on “Ai-Integrated Biofeedback Device For Workplace Stress Detection” at 1<sup>st</sup> annual students conference on social sciences
- ✓ Presented a paper on “The Influence Of Perceived Parenting Styles On Perfectionism Among Emerging Adults” at international conference on psychological skills acquisition

## **RESEARCH**

- ✓ Done research on the topic “perceived parenting styles on perfectionism among emerging adults” - 2023
- ✓ Done research on the topic “perceived parenting style, peer pressure and risk taking behaviour among younger adults” – 2025

## **COURSE COMPLETED**

- ✓ Completed online course on “Brief Introduction to Psychology provide by SWAYAM
- ✓ Completed online course on “Suicide Prevention” provided by Institute for mind and brain, Trissur
- ✓ Completed course on “Basics of Research Methodology” provided by Department of psychology, KE college
- ✓ Completed online mini course on “CBT For Anxiety Disorders” provided by psybridge

## **WORKSHOPS & SEMINARS ATTENDED**

- ✓ Participated in the national workshop “Fostering care for our seniors: practices in extending psychosocial care for older adults during disasters” organized by the department of psychosocial support in disaster management, NIMHANS
- ✓ Participated in the III Biennial international conference on “Cognitive and clinical neuropsychology” organized by department of clinical psychology, SRM Medical College Hospital and Research Centre, Kattankulathur
- ✓ Participated in the two day national seminar on “Recent trends and challenges in mental health profession” organized by the research & post-graduate department of psychology, Prajyoti Niketan college, Pudukkad
- ✓ Attended the webinar on “Intellectual property rights” conducted by LMonk, Trivandrum
- ✓ Attended two day workshop on “research methodology & intellectual property rights by Department of psychology, KE college
- ✓ Attended one day workshop on “Equality and inclusivity in mental health care” conducted by Mentex school of counselling and psychotherapy
- ✓ Attended one day workshop on “From concept to measurement: mastering scale development in research” organized by the research & post-graduate department of psychology, Prajyoti Niketan college, Pudukkad