

Arathy Chandran

Assistant Professor, Department of Psychology

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EDUCATIONAL QUALIFICATION

MSc Clinical Psychology	St Agnes College, Mangalore	2018-2020
BSc Psychology	Government college for women, Trivandrum	2015-2018

DISSERTATION

- (1) Academic motivation as a moderator between psychological reactance and academic procrastination among high school students
- (2) An exploration of factors that influence career related decisions of tenth standard students

WORK EXPERIENCE

- Consultant Psychologist, Heal the mind (NGO) – 2020 -21
- Assistant Professor, Gregorian college, Trivandrum – 2021 (6 months)
- Behaviour therapist and counsellor – Speranza Inspiring communication – 2022 -2023 (1 year)
- Higher secondary school teacher, Psychology – Arya Central School, Trivandrum

ACHIEVEMENTS

- 6th rank holder BSc Psychology, Kerala University
- 3rd rank holder MSc Clinical Psychology, Rajiv Gandhi University
- Qualified UGC NET with eligibility for PhD admission
- Vice President, Dept of Clinical Psychology, St Agnes College, Mangalore
- Best outgoing student, Dept of Clinical Psychology, St Agnes College, Mangalore
- Secured second place twice in the Manomedham Quiz competition conducted by Karunasai Psychopark

CERTIFICATE COURSES

- Psybridge – intensive CBT training course
- Psychometric testing in children
- Pursuing Applied Behaviour Analysis Technician (ABAT) – Floreo Academy
- Pursuing Play therapy certification course (Mentex)

INTERNSHIPS

- A V Baliga Hospital, Udupi, Mangalore
- Mental Health Centre, Trivandrum
- All India Institute of Speech and Hearing (AIISH), Mysore
- NITTE, Mangalore
- Speranza, speech and hearing institute, Mangalore

- Anirveda, Child Development Centre, Mangalore
- Milestones autism and early intervention centre, Mangalore

WORKSHOPS AND WEBINARS ATTENDED

- National Psychology Exhibition, MANAVYOOHA – 2K17, organised by Kristu Jyoti College of Management and Technology, Changanacherry
- Attended the workshop on Research Methodology conducted by PG Dept of Psychology, St Agnes College, Mangalore
- Participated in the 2-day workshop on Cognitive Behaviour Therapy, conducted by YourDOST Academy
- Volunteered “Epicure” organized by PG Dept of Psychology and Clinical Psychology, St Agnes College, Mangalore
- Delegate at the CME (Psycho-oncology) conducted by the Department of Psychiatry, Yenapoya Medical College, Mangalore
- Delegate at the national seminar on “Impact and consequences of gender stereotypes on careers of woman”, conducted by the PG Dept of Psychology, St Agnes College, Mangalore